

Family Education Sheet

Dressing Change: Central Venous Catheter Care



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Until every child is well™

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You need to change the CVC dressing every 7 days. Also change it if it becomes loose, dirty or wet. Watch a video on how to change the dressing at www.childrenshospital.org/centrallinecare.

Preparing to change the dressing

- ❑ Make a clean workspace
- ❑ Clean your hands before touching the supplies
- ❑ Put masks on yourself and anyone else in the room
- ❑ Clean your hands again
- ❑ Remove old dressing carefully and drop into the trash (making sure not to touch the site)
- ❑ Clean your hands again before changing the dressing

Supplies needed

- ___ Dressing change kit
- ___ Biopatch
- ___ Medical mask
- ___ Sterile gloves
- ___ Trash bin

This Family Education Sheet is available in [Arabic](#) and [Spanish](#).

Steps for changing the dressing

- 1 Unwrap the kit.** Only touch the edges of the package. **Put on sterile gloves.**
- 2 Pinch the wings** of the Chloraprep sponge until the sponge becomes wet.
- 3 Clean the skin. Scrub a 2-inch area around the exit site,** including the catheter, **for 30 seconds.** Let the skin air-dry completely. Do not fan the area dry with your hand.
- 4 Apply Biopatch.**
- If possible, **make a small loop** in the catheter. **Place the transparent dressing over the catheter** with the exit site in the center of the clear window.
- 6 Press lightly** onto the skin, starting in the center of the window until it's secure.
- 7 Remove backing** of edges and press lightly on all edges.
- 8 Secure the catheter** by applying the **Hubguard and tape** where the catheter exits the dressing.

***Call your child's doctor or nurse if:** the site looks red; fluid drains from the site; your child has pain at the site; the length of the catheter seems longer or shorter; or you have any questions or concerns.