Family Education Sheet

Dressing Change: Central Venous Catheter Care



Clinical Education & Informatics family.ed@childrens.harvard.edu

You need to change the CVC dressing every 7 days. Also change it if it becomes loose, dirty or wet. Watch a video on how to change the dressing at www.childrenshospital.org/centrallinecare.

Preparing to change the dressing

- Make a clean workspace
- ☐ Clean your hands before touching the supplies
- Put masks on yourself and anyone else in the room
- Clean your hands again
- Remove old dressing carefully and drop into the trash (making sure not to touch the site)
- Clean your hands again before changing the dressing

Supplies needed

___ Dressing change kit

____ Biopatch

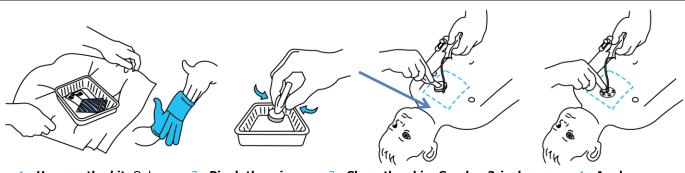
____ Medical mask

____ Sterile gloves

____ Trash bin

This Family Education Sheet is available in **Arabic** and **Spanish**.

Steps for changing the dressing



- 1 Unwrap the kit. Only touch the edges of the package. Put on sterile gloves.
- 2 Pinch the wings of the ChloraPrep sponge until the sponge becomes wet.
- Clean the skin. Scrub a 2-inch area around the exit site, including the catheter, for 30 seconds. Let the skin air-dry completely. Do not fan the area dry with your hand.
- Apply Biopatch.



- If possible, make a small loop in the catheter. Place the transparent dressing over the catheter with the exit site in the center of the clear window.
- - 6 Press lightly onto the skin, starting in the center of the window until it's secure.



7 Remove backing of edges and press lightly on all edges.



8 Secure the catheter by applying the Hubguard and tape provided in kit where the catheter exits the dressing.

*Call your child's doctor or nurse if: the site looks red; fluid drains from the site; your child has pain at the site; the length of the catheter seems longer or shorter; or you have any questions or concerns.